

# GARCIA'S DELI & BAKERY

## Ⓐ Back Alleys

Open year round in the heart of  
West Tisbury

7 days a week

**Year Round hours:**

Mon-Sat 7am - 5pm

Sun 8am - 4pm

**Summer hours:**

Mon-Sat 7am - 7pm

Sun 8am - 6 pm

## MENU

### 2007-08

Breakfast, Lunch or Dinner made  
fresh on the premises every day.

1045 State Road. West Tisbury MA  
02575

**Tel: 508 693 8401**

## EARLY MORNING

**BREAKFAST SANDWICHES** – Served hot  
and fresh daily from 7am, (8am Sun) till  
11:00am

With a choice of bacon, ham, sausage,  
linguica, egg, choice of cheese or all the  
vegetables

**BAKERY** – all freshly made every morning  
including:

**MUFFINS** **\$1.90**

**CROISSANTS & DANISH** **\$1.85-\$2.95**

**SCONES & BISCUITS** **\$1.00-\$2.35**

**FRESH BAGELS** **\$1.25**

**BREADS** **PRICES VARY**

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Our own **HOMEMADE GRANOLA** **\$5.99/LB**

**GRANOLA** with fresh fruit & yogurt **\$3.95**

**DAILY FRITATTA** **\$3.95**

**A LARGE SELECTION OF JUICES AND  
COLD BEVERAGES.**

**HOT TEAS, FRESH ROASTED COFFEE  
FROM RAOS of AMHERST, STARBUCKS  
AND BOSTONS BEST ORGANIC.**

**CHAI TEA AND HOT COCOA**

**THE VINEYARD'S BEST ICED COFFEES  
& HOME BREWED ICE TEAS**

## ALL DAY LONG

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A DAILY ASSORTMENT OF FRESHLY MADE **SANDWICHES** INCLUDING:

**OUR FAMOUS VEGGIE WRAP** – spinach wrap with homemade hummus, avocado, tomato, island sprouts and lettuce. **\$6.99**

**OUR EQUALLY RENOWNED ALBACORE TUNA SALAD** – served on wheat bread, bulky roll or four wrap. **\$6.99**

**SESAME TOFU WRAP** – a sundried tomato wrap with tofu, thai pesto, cilantro, mung sprouts and lettuce. **\$6.99**

**CLASSIC CHICKEN SALAD** – made with white meat and seasoned with celery, & mayo. **\$6.99**

**CURRIED CHICKEN SALAD** – white meat, mayo, sultanas and a hint of curry. **\$6.99**

**RARE ROAST BEEF & SWISS CHEESE** – on bulky roll, wheat or wrap. **\$7.50**

**BLACK FOREST OR VIRGINIA BAKED HAM** – with Swiss cheese. **\$6.99**

**ROAST BREAST OF TURKEY** – with Swiss, on wrap, wheat or roll. **\$6.99**

**THE ITALIAN JOB** – Genoa salami, hot capicola, mortadella and pepperoni with provolone. **\$7.50**

The best **LOBSTER ROLLS!** From fresh Menemsha Lobsters on a hot dog bun with mayo, shallots, lettuce. **\$10.95**

**HOT DOGS, ROASTED LINGUICA, & HOT STEAMED ITALIAN SAUSAGES** with all the extras. **\$2.25-\$3.95**

## ALL DAY LONG

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**PIZZAS AND CALZONES** - freshly made every day and include our secret San Marzano tomato marinara recipe.

SOLD AS A WHOLE 18" PIE OR BY THE SLICE.

Slices from: \$2.50; Whole pies from \$17.95

**Calzones:** \$8.95 (whole) \$4.50 (half)

Plain cheese, pepperoni, peppers, capicola, mushrooms, feta, pesto, spinach, ricotta, tomatoes, olives and more ...

**A DAILY SELECTION OF HOMEMADE HOT AND COLD SOUPS** including:

New England Clam Chowder ..... Carrot & Ginger ..... Beef Chili .... Butternut Squash ..... Hearty lentil ..... Spanish fish stew .... Tuscan White Bean .... Spanish Kale & Chorizo .... Lobster Bisque ... Gazpacho cup, bowl or pint . . . . . \$2.59 - \$6.25

## *DELI ITEMS including*

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Homemade **HUMMUS** ..... homemade **CHICKEN SALAD** ..... homemade **TUNA SALAD** ..... **POTATO SALAD** with fresh chives ..... **CRUNCHY COLE SLAW** ..... homemade **LOBSTER SALAD** ..... homemade **PASTA SALAD** ..... **Spicy BLACK BEAN SALAD** ..... and our now famous **MOROCCAN CHICK PEA SALAD**, with **FETA AND MINT** ..... **GREEK SALAD** .... cous cous

**Fresh local salad greens**

## **DELICIOUS HOMEMADE CAKES, COOKIES AND PIES -**

- Gracie's **DATE & WALNUT BREAD**
- Loaded **BANANA BREAD** or **BANANA CHOCOLATE CHIP BREAD**
- Triple **CHOCOLATE BROWNIES**
- **HUGE COOKIES** - chocolate chip, peanut butter, white chocolate macadamia nut, oatmeal raisin, oatmeal raisin choc-chip.
- Blueberry crumb **COFFEE CAKE**
- Our now famous **APPLE PIE**
- Strawberry rhubarb, mixed berry, pecan or pumpkin pies.

## **EARLY DINNERS**

Please call ahead for daily specials including:

- Fresh steamed lobster
- Baked pastas or Lasagna
- Spring rolls
- Mac & Cheese
- Stir Fry with meat and  
or Vegetables.

**All subject to availability**

## **DAILY LUNCH SPECIALS**



Due to market fluctuations prices are subject to change without notice.

PRICES DO NOT INCLUDE MASSACHUSETTS MEALS TAX

1045 State Road. West Tisbury  
MA 02575  
Tel: 508-693-8401  
Fax: 508-693-8409